How to make nature paint brushes

You will need:

- Sticks (1 for each paint brush)
- Lots of interesting pieces of nature
- Elastic bands (or string)
- Poster paint
- Large roll of paper

Collecting your nature for this activity is half the fun. Go on a walk and see what interesting things you can find. Look for different textures and patterns. Talk about which pieces of nature you think will make good prints.

Making the nature paint brushes is easy: Simply attach a piece of nature to each stick using an elastic band (or a piece of string).

TIP: To avoid breaking your pieces of nature put the elastic bands onto the sticks first and then slide your pieces of nature into the bands. Make sure the elastic bands aren't too tight. You may need more than one band to keep your nature in place.

Painting with nature paint brushes

Lay out a roll of paper and get some pots of paint. I like sticking to 2 or 3 paint colours. Explore the different patterns and textures each of the paintbrushes can create.

Try dabbing the brushes on the paper or sweeping them across it.

Most importantly enjoy the process. Have fun, get messy and explore!

