

Make sure you have completed Home School Journal Parts 1 - 8

Write today's date;

Circle the face that describes how you feel.



How was your weekend?.....

(Write more if you like).....

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We have now been in lockdown for 8 weeks. Is this beginning to feel 'normal' to you?

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Who are looking forward to spending time with when you can go out?

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IF you are not lucky enough to get to the beach during your daily exercise, what is the first thing you will do when you get there?

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IF you are not lucky enough to get to the park during your daily exercise, what is the first thing you will do when you get there?

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Draw a picture of yourself today

