Make sure you have completed Home School Journal Parts 1 - 10	Have you found any creative ways to stay in touch with your friends (eg waving flags out your window?)
Write today's date;	
Circle the face that describes how you feel.	Have you been able to see friends or family you haven't seen for a while, standing at 2m distance?
How was your weekend?	How do you feel about seeing loved ones but not being able to give them a hug?
(Write more if you like)	
We can now go out as often as we like for fresh air and exercise. How does this make you feel?	Draw a picture of yourself today

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