

Make sure you have completed [Home School Journal Part 1](#) and Part 2

Write today's date;

Circle the face that describes how you feel.



How was your weekend?.....

(Write more if you like).....

.....

How do you feel about being on holiday now?.....

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.....

What do you normally do?.....

.....

.....

What are you doing instead?

.....

.....

.....

What is good about everything?

.....

.....

.....

Is there anything not so good about everything?

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.....

.....

Draw a picture of yourself today

